



# USA Surf Tot Team Daily Schedule

*(One Year Olds)*

Meal times, diapering, and sleeping schedules are individualized toward each child's natural rhythm. This basic schedule is a guideline used when applicable.

6:30-7:00	Welcome/Greeting/Open Centers
7:00-7:15	Teacher Initiated Block Play
7:15-7:30	Fine Motor Play/Manipulatives
7:30-7:45	Story Time/Books
7:45-7:55	Dramatic Play
7:55-8:00	Wash hands/Prepare for breakfast
8:00-8:30	Breakfast
8:30-8:45	Puzzles
8:45-9:00	Music & Movement
9:00-9:20	Circle Time (colors, numbers, & shapes)
9:20-9:35	Flash Cards
9:35-9:55	Art
9:55-10:00	Diaper checks/line up to go outside
10:00-10:25	Outside Time, Sand & Water Play/Fluid Sensory Activity
10:25-10:30	Wash hands/Prepare for lunch
10:30-11:00	Lunch
11:00-11:15	Music & Movement
11:15-11:30	Story Time & Finger Puppets
11:30-11:45	Diaper Changing
11:45-12:00	Clean up/Prepare for nap
12:00-2:30	Nap Time
2:30-2:50	Diaper Changing
2:50-3:00	Wash hands/Prepare for snack
3:00-3:15	Snack
3:15-3:30	Spanish lesson
3:30-3:45	Manipulatives
3:45-4:00	Puzzles
4:00-4:30	Outside Time
4:30-4:45	Wash hands/Drinks & Snack
4:45-5:00	Diaper Changing
5:00-5:15	Dramatic Play
5:15-5:30	Blocks
5:30-5:45	Story Time/Finger Plays
5:45-6:30	Open Centers, Goodbyes